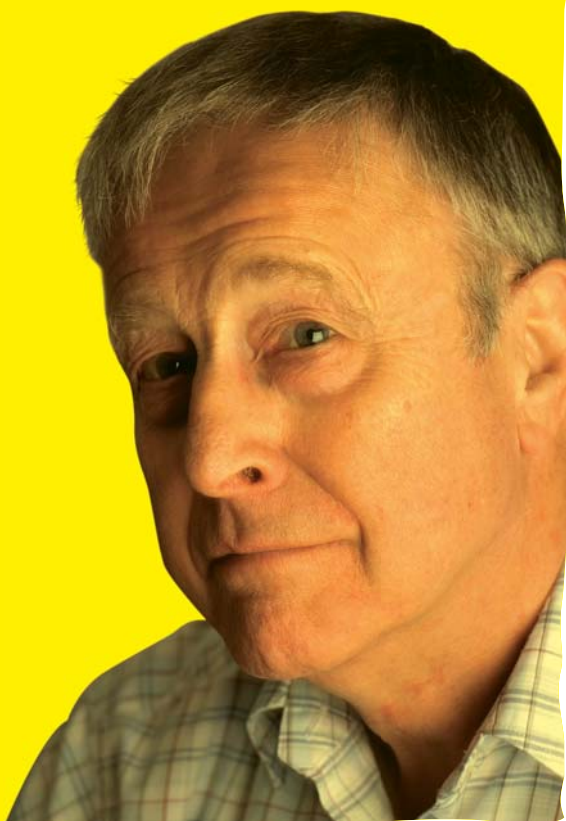


**THIS IS
THE FIRST
STEP TO
CHANGE.**



SIGNS OF A **PROBLEM** GAMBLER:

Preoccupied with gambling

Secretive about gambling habits

Increasing bet amounts to get the desired “high”

Trying to control gambling – but failing

Restless or irritable when not gambling

Gambling to escape problems

Chasing losses with more gambling

Lying to family and others about the extent of gambling

Committing crimes to finance gambling

Jeopardizing or losing jobs or relationships

Relying on others for bailout from gambling losses

If any of these statements sound like you or someone you know, get help. Call **1-800-BETS OFF**

www.1800betsoff.org

1-800-BETS OFF